# Outpatient Surgeries 2021 Value-for-Money Audit

# Why we did this audit

- Research and studies indicate that outpatient surgeries, when performed safely and appropriately:
  - allow patients to recover in the comfort of their homes; and
  - · free up hospital beds.
- According to data from Ontario Health, in 2020/21, almost 350,000 outpatient surgeries were performed in Ontario, compared to approximately 457,000 to 475,000 outpatient surgeries in the four years prior to the impact of COVID-19. About 95% of outpatient surgeries were performed in public hospitals with the remaining being performed at 10 independent health facilities (IHFs) and one private hospital.

# Why it matters

- Poorer patient health outcomes can result when there are significant delays.
  - This can lead to deterioration and/or complication of patient conditions.
- Independent health facilities and private hospital are performing certain outpatient surgeries where:
  - oversight is critical to ensure that they are providing costeffective quality care; and
  - patients are provided clear, accurate information about charges for non-OHIP-covered services.

#### What we found

### Long and Increasing Wait Times for Outpatient Surgeries

- Long wait times between 2016/17 and 2019/20 wait times were:
  - 100 days for gallbladder surgery
  - 259 days for forefoot surgery
- Wait times increased in 2020/21 as a result of COVID-19:
  - 157 days for gallbladder surgery (+57%)
  - 356 days for forefoot surgery (+37%)
- There are regional differences in wait times
  - For forefoot surgery:
- North region: 111 days in 2019/20
- Toronto region: 354 days in 2019/20 (almost 3X longer than North region)
  - · For knee joint replacement surgery:
- Toronto region: 98 days
- West region: 322 days (almost 3X longer than in the Toronto region)
- There is no province-wide centralized intake or referrals for outpatient surgeries the process is ad hoc in some regions, for some types of surgeries
- Hospital operating rooms remained underused in 2019/20 and about 34% of hospitals did not meet the 90% target rate for operating room use
- · Surgeons' wait times are not tracked or publicly reported
  - Surgeons at the same hospital can have significantly different wait times.
- one ophthalmologist had an average wait time of 155 days while another had 42 days.
  - This information is not available to the public in Ontario; Alberta and BC publicly report wait times by surgeon.

**RECOMMENDATIONS 1-4, 13** 

# Poor Co-ordination of Outpatient Surgeries

- Outpatient surgeries can be delivered by public hospitals, private hospital, and independent health facilities. However, they operate in silos, follow different reporting requirements, and are overseen by different parties:
  - public hospitals and one private hospital: Ontario Health
  - 10 independent health facilities (IHFs): Ministry of Health
- · Percentages of some types of surgeries performed as outpatient surgeries differ between hospitals
  - For example, in 2019/20, on average Ontario hospitals performed hernia surgeries as outpatient surgeries 95% of the time, but for one hospital, the outpatient rate was 72% of the time
- · No evaluation of cost-effectiveness of outpatient surgeries at different settings
  - · main hospital sites, in ambulatory hospital areas, or surgical areas
  - the Ministry and Ontario Health have not yet evaluated practices for effectiveness and costefficiency, whether they could be widely adopted

#### RECOMMENDATION 5, 6, 7

#### Outpatient vs Inpatient Surgery Quality Not Unknown

- Outpatient surgery quality is not adequately and consistently monitored in Ontario.
  - There is no centralized method to measure surgery quality and outcomes.
  - Hospitals typically do not monitor quality and outcomes for inpatient and outpatient surgeries separately, to compare outcomes.

#### RECOMMENDATION 8

### Outdated Funding Rates, Billings Not Reviewed

- No regular tracking of cost information has resulted in no updates to funding for outpatient surgeries for years.
  - knee arthroscopy funding has not been reviewed since 2015/16.
- The Ministry does not adequately oversee and monitor unreasonable outpatient surgery volumes and billings.
  - four ophthalmologists each billed the Ministry between \$860,000 and almost \$1.1 million in 2019/20. Each of them performed more than 2,000 cataract surgeries that year with a maximum number of cataract surgeries in a single day ranging from 34 to 47.

#### **RECOMMENDATION 9. 10**

# No Protection for Patients Against Inappropriate Charges

- The Ministry has no oversight mechanism to prevent patients from being charged inappropriately for publicly-funded surgeries.
  - patients were misinformed of their right to receive standard cataract surgery free of charge through OHIP
  - Some sales practices included charging patients for optional add-ons such as specialty lenses at \$450 to almost \$5,000 per eye.

#### **RECOMMENDATION 11, 12**

#### **Conclusions**

- The Ministry and Ontario Health do not ensure system-wide quality and oversight of outpatient surgeries.
  - Patients experience long wait times, and wait times vary considerably by region.
  - · Ontario does not coordinate provincewide to measure quality and outcomes for all surgeries; and
  - Hospitals typically do not monitor quality and outcomes for inpatient and outpatient surgeries separately to be able to compare
    costs and outcomes.
- The Ministry does not regularly review and monitor funding or billings for outpatient surgeries;
  - some surgery funding rates have not been reviewed since 2015/16, so the Ministry does not know if the rates are covering—or
    exceeding—the actual costs associated with providing the surgery, which in effect could result in under- or overfunding of certain
    surgeries.
  - no monitoring for unreasonable outpatient surgery volumes and billings, or for sales practices including providing misleading information, leading to charges for unnecessary add-ons.